



For Immediate Release

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“Father in Me” workshop: Enrichment for males in our community

Charlotte, N.C. (March 30, 2010)- Many males in the community need more support and understanding on how to reach today’s child. Mr. Colin Pinkney of Urban Restoration Organization along with Marina Thomas “Marina the Poet” will host a follow up workshop to do just that on Wednesday, April 21 from 6:00pm to 7:30pm at the Whitewater Academy Elementary School 11600 White Rapids Road Charlotte NC 28214 . This free event will give the attendees the words of encouragement and tools they need to begin the process of communicating effectively with their children.

Thomas will empower and inspire the male attendees with spoken word and poetry to stir their souls, while forcing them to look at themselves from inside out and be comfortable in their own skin within. Pinkney will help the men review their past and current fathering legacies and show them how to capitalize on the positives finding to connect with their kids.

“During the first workshop, it was a phenomenal experience to have the fathers’ rate themselves and learn that they are so hard on themselves. “The focus of the workshop is to boost their self esteem” explains Pinkney. Children appreciate their fathers, mentors, etc. more than the male role model gives them credit for. “Too often fathers have been depicted in a negative light, and it is time to change that outlook, one male at a time” states Thomas.

The “Father in Me” workshop is presented by the Whitewater Academy Elementary School. Seating is limited; those interested in attending the workshop should RSVP up to April 16, 2010 by calling Cynthia Johnson at 980.343.0003. Be the first person to start the change in an entire community.

About Mr. Colin Pinkney

Mr. Pinkney has worked, lived and served in the Charlotte Community for the past 15 years. He is the Executive Director of The Urban Restoration, Inc. Faith-based non-profit group serving over 20,000 inner city families in Charlotte each year. In addition to his local community leadership, Colin serves as a certified trainer with The National Center for Fathering based in Kansas City, MO. www.urbanrestoration.org

About Marina Thomas “Marina the Poet”

*Marina facilitates workshops on self-esteem for audiences of all ages and backgrounds. She holds a BA from Queens University of Charlotte, in Charlotte, NC. Marina’s debut book, **If I Decide to Fly! - Collected Poems of Affirmation and Celebration for African-American Men/Boys** is her testimony to the power of faith, love, and forgiveness. www.marinathepoet.com*